



**SCORE**  
a F r i e n d

# Score A Friend Club Information Packet

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# **Score A Friend Club INFORMATION PACKET**

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## **WHAT IS THE MISSION OF SCORE A FRIEND?**

The mission of SCORE A FRIEND is to promote and support youth to lead school-based Unified Clubs for students of ALL abilities; connecting schools with community providers & resources; and creating access and opportunities for Unified Friendships, Unified Sports, Unified Elective Courses, parent-to-parent connections, and the education and activation of youth leaders to build inclusion in the world.

## **HOW DID SCORE A FRIEND GET STARTED?**

Score A Friend is a 2012 program, developed by Sarah, a 13 year-old girl in pursuit of her Girl Scout Gold Award. Sarah's twin brother has an Autism Spectrum Disorder, and beginning in middle school, experienced a lack of inclusion in school clubs and sports, as well as an overall lack of friendships. Sarah immersed herself in the "disability world", learning about disabilities, public laws & personal rights, inclusion, community resources, and the numerous stories of children and families. Sarah quickly determined that kids with disabilities meet friends through school, sports, and clubs just like all other children and became an activist for school-based Unified Clubs, Unified Sports, and Unified Elective Courses. In 2013, Sarah and her brother were appointed to their state's Special Olympic Youth Activation Committee. It was then that Sarah learned about Special Olympics Project UNIFY and identified with Partner Clubs as the key component to building inclusive schools and Unified Friendships – or friendships between kids with and without disabilities. Sarah established Score A Friend, Inc. as a non-profit organization. She worked within her school district and community to build Unified Clubs & Sports Programs. In 2015, Sarah designed the Score A Friend Club Model and web-based Score A Friend Program to activate & support youth leaders everywhere to build Score A Friend Clubs in all schools and advance inclusion throughout the world.

## **WHAT DOES SCORE A FRIEND PROVIDE?**

### Score a Friend WEBSITE & ONLINE STORE:

Promotes global awareness & supports access to Score A Friend Club information, consultation, products, resources, and club connection & sharing.

### Score A Friend INFORMATION PACKET:

Provides detailed information about the mission and goals of Score A Friend Clubs, as well as Club Officer, Committee & Score A Friend Week descriptions.

### Score A Friend START-UP GUIDE:

Provides a "17-Step Guide" to starting a Score A Friend Club, as well as detailed Club Planning Tools and Sample Forms to support all youth leaders.

## **WHAT DOES A SCORE A FRIEND CLUB DO?**

Score A Friend Clubs are UNIFIED CLUBS that promote & support inclusion of kids with ALL abilities in schools and communities. Club members work together during Club Meetings and Activities to:

- Learn about disability topics, advocacy, & opportunities for youth leadership & activation;
- Interact with students of all abilities & participate in UNIFIED FRIENDSHIPS;
- Build & participate in UNIFIED SPORTS & UNIFIED ELECTIVE COURSES;
- Connect & collaborate with community organizations to build & enhance inclusive school programming, as well as create opportunities for youth-led community service;
- Lead whole-school & community change initiatives as advocates & activists for inclusion.

## **WHAT IS SCORE A FRIEND WEEK?**

Annually, the first full week of March, Score A Friend Clubs are encouraged to coordinate whole-school Score A Friend Week activities. Five themed days of activities include: 1) "BE INCLUSIVE!"; 2) "GO UNIFIED!"; 3) "SPREAD THE WORD TO END THE WORD!"; 4) "GET CONNECTED!"; & 5) "SCORE A FRIEND!". Schools may choose to participate in full week activities or choose priority topics for one or more days. The Score A Friend Website provides activity ideas, planning tools, funding sources, and support options for participating schools.

**Email:** [info@scoreafriend.org](mailto:info@scoreafriend.org)

**Website:** [Scoreafriend.org](http://Scoreafriend.org)

## Score A Friend MISSION

The mission of Score A Friend is to promote and support youth to lead school-based Unified Clubs for students of ALL abilities; connecting schools with community providers & resources; and creating access and opportunities for Unified Friendships, Unified Sports, Unified Elective Courses, parent-to-parent connections, and the education and activation of youth leaders to build inclusion in the world.

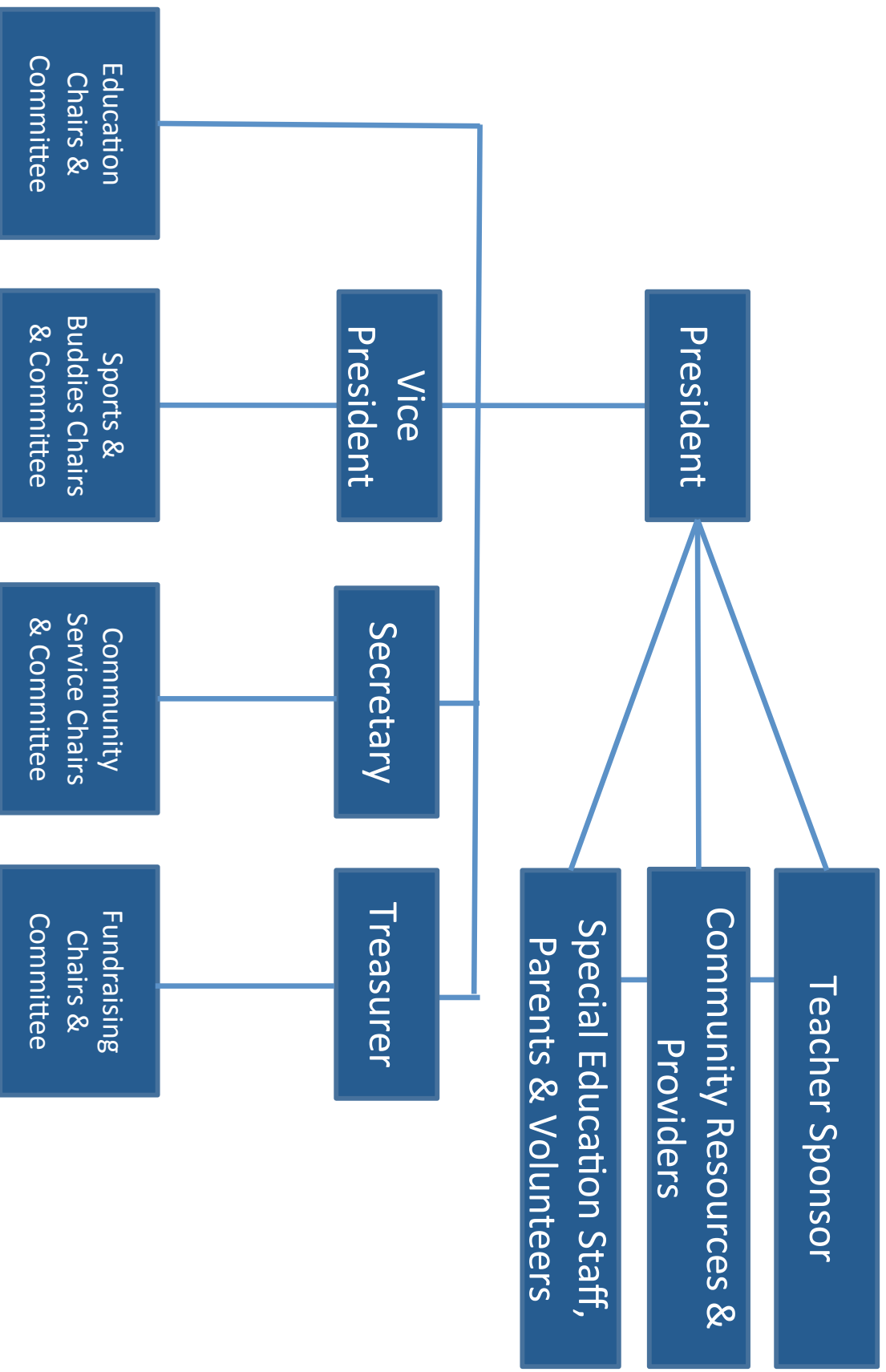
### Score A Friend Club GOALS

<b>Student Access &amp; Opportunity</b>	<b>Unified Friendships</b>	<b>Unified Sports &amp; Unified Elective Courses</b>	<b>Parent-to-Parent Connections</b>	<b>Community Connections</b>	<b>Youth Education</b>	<b>Youth Activation</b>
<i>Score A Friend Clubs call all students to join the Unified Generation &amp; build inclusion in the world</i>	<i>Score A Friend Clubs encourage every student to participate in a Unified Friendship</i>	<i>Score A Friend Clubs build Unified Sports, &amp; Unified Elective Courses in schools &amp; communities</i>	<i>Score A Friend Clubs support parents to connect, share resources &amp; build inclusion in schools &amp; communities</i>	<i>Score a Friend Clubs connect community resources and providers to schools to build inclusive school &amp; community programs</i>	<i>Score a Friend Clubs provide youth education &amp; training in all aspects of inclusion to influence change</i>	<i>Score A Friend Clubs support student leaders to transform their schools &amp; communities into environments of inclusion</i>
<b>Score A Friend Club</b>	Club members interact, work & play together during Club Meetings & Activities & have opportunities to build Unified Friendships that can move from schools to homes.	Club members interact as team members & classroom partners while experiencing Unified Sports & Unified Elective Courses.	Club parents interact during Club Meetings & Activities & have opportunities to share resources, support Unified Friendships, & build inclusion in their school.	Club members work with community resources to build inclusive programs at their school.	Club members learn inclusion information during all Club Meetings & Activities.	Club members have opportunities to lead & build inclusion in their school & community.
<b>Whole-School Involvement</b>	All students learn about Unified Friendships & have opportunities to access them.	All students learn about Unified Sports & Unified Elective Courses & have opportunities to access them.	All students learn about the importance of parent-to-parent connections & how parents can access them.	All students learn about community resources & have opportunities to access them.	All students learn about inclusion & how to build inclusive schools & communities.	All students have opportunities to build inclusion in their school & community.
<b>Community Involvement</b>	All students learn about community organizations that support & provide opportunities for	All students learn about community organizations that support & provide opportunities for	All students learn about community organizations that support & provide opportunities for	All students learn about community organizations that support & provide inclusive programs	All students learn about community organizations that support & provide inclusion	All students learn about community organizations that support student leaders to build

	Unified Friendships.	Unified Sports.	parent-to-parent connections.	in schools and communities.	education in schools & communities.	inclusive schools & communities.
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# Score A Friend Club Organizational Chart



## Score A Friend Club IDEAS by School Type

Score A Friend GOALS	Elementary Schools	Middle Schools	High Schools	Colleges	Schools without intellectual disabilities
<b>Unified Friendships</b>	-Score A Friend Club -Lunch Buddies -Reading Buddies -Recess Buddies -School Event Buddies	-Score A Friend Club -Lunch Buddies -Reading Buddies -Recess Buddies -School Event Buddies	-Score A Friend Club -Lunch Buddies -School Event Buddies	-Score A Friend Club -School Event Buddies	-Score A Friend Club -Provide outreach/support to area School and/or Recreation Center Score A Friend Clubs
<b>Unified Sports &amp; Unified Elective Courses</b>	-Year-Round Unified Sport Options	-Year-Round Unified Sport Options -Year-Round Unified Elective Course Options	-Year-Round Unified Sport Options -Year-Round Unified Elective Course Options	-Year-Round Unified Sport Options -Organize & Lead Unified Sports Tournaments	-Provide outreach/support to area School and/or Recreation Center Unified Sports Programs -Organize & Lead Unified Sports Tournaments
<b>Parent-to-Parent Connections</b>	-Score A Friend Club Facebook Page  -Parents assist Club Meetings/Activities, Unified Sports, Sport Celebrations & Annual Club Awards Ceremony -Parent Dinner Club -Parent Book Club -Parent Education Programs -Parent Resource Fairs	-Score A Friend Club Facebook Page  -Parents assist Club Meetings/Activities, Unified Sports, Sport Celebrations & Annual Club Awards Ceremony -Parent Dinner Club -Parent Book Club -Parent Education Programs -Parent Resource Fairs	-Score A Friend Club Facebook Page  -Parents assist Club Meetings/Activities, Unified Sports, Sport Celebrations & Annual Club Awards Ceremony -Unified Booster Club -Parent Dinner Club -Parent Book Club -Parent Education Programs -Parent Resource Fairs	-Score A Friend Club Facebook Page  -Sports Celebrations -Annual Club Awards Ceremony -Host Parent Education Programs -Host Parent Resource Fairs	-Score A Friend Club Facebook Page  -Parents assist Club Meetings/Activities & Unified Sports/Celebrations -Host Parent Education Programs -Host Parent Resource Fairs
<b>Community Connections</b>	-Project UNIFY School -Special Olympics -NSCD -Therapeutic Recreation -Best Buddies	-Project UNIFY School -Special Olympics -NSCD -Therapeutic Recreation -Best Buddies	-Project UNIFY School -Special Olympics -NSCD -Therapeutic Recreation -Best Buddies	-Project UNIFY School -Special Olympics -NSCD -Therapeutic Recreation -Best Buddies	-Project UNIFY School -Special Olympics -NSCD -Therapeutic Recreation -Best Buddies
<b>Youth Education &amp; Activation</b>	-Score A Friend Week -Club Speakers	-Score A Friend Week -Club Speakers -Special Olympic Training -Youth Activation Committee -Polar Plunge & other Community Fundraisers -Assist Elementary School	-Score A Friend Week -Club Speakers -Special Olympic Training -Youth Activation Committee -Polar Plunge & other Community Fundraisers -Assist Elementary/Middle	-Score A Friend Week -Club Speakers -Special Olympic Training -Youth Activation Committee -Polar Plunge & other Community Fundraisers -Assist area School Clubs	-Score A Friend Week -Club Speakers -Special Olympic Training -Polar Plunge & other Community Fundraisers -Outreach to Community Sites (Special Olympics, NSCD, Adam's Camp,

		-Youth Activation Committee -Polar Plunge & other Community Fundraisers -Assist Elementary School Club/Unified Sports	-Youth Activation Committee -Polar Plunge & other Community Fundraisers -Assist Elementary/Middle School Club/Unified Sports	-Youth Activation Committee -Polar Plunge & other Community Fundraisers -Assist-area School Clubs and/or Unified Sports	-Polar Plunge & other Community Fundraisers -Outreach to Community Sites (Special Olympics, NSCD, Adam's Camp, camps, church programs, etc.)
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# SCORE A FRIEND CLUB REQUIREMENTS

## What is a Score A Friend Club?

- Official school club
- Club that is youth-led, with the support of a teacher sponsor
- Club that is inclusive of students of all abilities
- Club that creates a vision for inclusion that is unique to it's school and that adapts to it's club's members, school climate, and community
- Club that seeks out opportunities to engage the entire student body, connects with the community, shares strategies and builds inclusion in the world
- Club that can serve as a Special Olympic Project UNIFY Partner Club
- Club that can serve as a Best Buddies Chapter

## What does a Score A Friend Club Do?

Score A Friend Clubs are UNIFIED CLUBS that promote & support inclusion of kids with disabilities in schools and communities. Club members of all abilities work together during Club Meetings and Activities to:

- Learn about disability topics, advocacy, & opportunities for youth leadership & activation:
- Interact with students of all abilities & participate in UNIFIED FRIENDSHIPS;
- Build & participate in UNIFIED SPORTS & UNIFIED ELECTIVE COURSES;
- Connect & collaborate with community organizations to build & enhance inclusive school programming, as well as create opportunities for youth-led community service;
- Lead whole school & community change initiatives as advocates & activists for inclusion.

## Requirements to be an official Score A Friend Club include:

- Become an official school club
- Complete an annual online Score A Friend Registration Form
- Use the Title: "Score A Friend Club at \_\_\_\_\_" (add school name on back)
- Use the Score A Friend Club Logo on all club materials
- Manage a Score A Friend Club Facebook Page
- Lead school-wide "Score A Friend Week" activities every first FULL week of March
- Complete an annual online Score A Friend End of Year Report
- Follow all guidelines to create and manage a school club that is consistent with the mission and goals of the Score A Friend Organization

## All Score A Friend Clubs should have:

- Contact and/or contract with Special Olympics
- Contact and/or contract with The National Sports Center for the Disabled
- Contact and/or contract with Best Buddies
- School-based teacher sponsor that supports the goals of Special Olympics Project UNIFY & Score A Friend and serves as the Score A Friend Club contact along with the Club President
- Team of youth leaders that serve as the Executive Committee with the sponsor
- Unified pair of students that serve on the area or state Project UNIFY Youth Activation Committee (middle school, high school & college)
- Committee Chairpersons (Unified, as able) for: Education, Unified Sports & Buddies, Community Service & Fundraising Committees
- Score A Friend Club Facebook Page/Media Administrator
- School-based Meeting Site where official clubs meet
- Club Forms: Information Packet & Start-Up Guide
- Club Supplies: Club Banner, Club Tablecloth, Office Supplies, Snack Supplies, Score A Friend Gear, Score A Friend Fundraising Materials
- Club Funds: Club Dues, Community Grants, Score A Friend Gear Sales, Score A Friend Fundraising Kits, and/or Donations
- Club Support, as needed: Special Education Staff, Parents & Volunteers
- Annual Club Informational Meeting at the start of the school year
- At least monthly meetings throughout the school year

## Score A Friend Club Executive Committee Job Descriptions

<b>Teacher Sponsor</b>	<b>President</b> (Unified Team as able)	<b>Vice-President</b> (Unified Team as able)	<b>Secretary</b> (Unified Team as able)	<b>Treasurer</b> (Unified Team as able)
<ul style="list-style-type: none"> <li>-Supports Club Officers, Chairs &amp; Members to carry out the Mission &amp; Goals of Score A Friend</li> <li>-Manages Club Funds within School</li> <li>-Assists Club Presidents as liaison to Score A Friend, Inc.</li> <li>-Assists Club President as liaison to School Administration, Score A Friend, Inc., Community Organizations, Special Education Staff, Parents &amp; Volunteers</li> <li>-Assists Club President to appoint Unified Team to serve on area Special Olympic Youth Activation Committee</li> <li>-Communicates Club information on school webpage, newsletters, emails</li> <li>-Oversees maintenance of Club Score A Friend Facebook Page</li> <li>-Stores Club Supply Bin</li> </ul>	<ul style="list-style-type: none"> <li>-Liaison to Club Teacher Sponsor, Score A Friend, Inc., Community Organizations, Special Education Staff, Parents &amp; Volunteers</li> <li>-Organizes Club meetings &amp; activities</li> <li>-Maintains Club Calendar &amp; Roster &amp; Supply Bin</li> <li>-Oversees &amp; supports Club Officers, Chairs &amp; Members to carry out the Mission &amp; Goals of Score A Friend</li> <li>-Appoints Unified Team to area Special Olympic Youth Activation Committee</li> <li>-Assists Teacher Sponsor with communicating Club information to school</li> <li>-Assists Teacher Sponsor to maintain Club Score A Friend Facebook Page</li> <li>-Serves as Executive Committee Liaison to the Education Committee</li> </ul>	<ul style="list-style-type: none"> <li>-Assist the Club President to support Club Officers, Chairs &amp; Members to carry out the Mission &amp; Goals of Score A Friend</li> <li>-Assists Club President to organize Club meetings &amp; activities</li> <li>-Serves as Executive Committee Liaison to the Unified Sports &amp; Buddies Committee</li> </ul>	<ul style="list-style-type: none"> <li>-Assists Club President to maintain Club Calendar &amp; Roster</li> <li>-Maintains documentation of Club Meetings &amp; Activities</li> <li>-Maintains photographs of all Club Meetings &amp; Activities</li> <li>-Provides Club President &amp; Teacher Sponsor with information and photographs for Club Score A Friend Facebook Page and school correspondence</li> <li>-Serves as Executive Committee Liaison to the Community Service Committee</li> </ul>	<ul style="list-style-type: none"> <li>-Maintains Club Budget</li> <li>-Oversees Club Fundraising Activities</li> <li>-Serves as Executive Committee Liaison to the Fundraising Committee</li> </ul>

# Score A Friend Club Committee Descriptions

(Chairs work in Unified Teams as able)

<b>Education Committee</b>	<b>Sports &amp; Buddies Committee</b>	<b>Community Service Committee</b>	<b>Fundraising Committee</b>
<p>-Educates Club &amp; School about Inclusion through Club Meetings, school bulletin board, newsletters, website, announcements &amp; assemblies</p> <p>-Liaisons with Special Olympics for Project UNIFY training &amp; materials</p> <p>-Liaisons with Best Buddies Program for Unified Friendships training &amp; materials</p> <p>-Promotes school-based Unified Elective Courses</p> <p>-Identifies disability related topics for students to learn about, such as: Inclusion &amp; Unified Generation Child &amp; Parent Support &amp; Advocacy Education / Arts / Technology Unified Sports &amp; Project Unity Respite Care / Housing / Jobs Health/Mental Health Diagnosis &amp; Treatment</p> <p>-Identifies Community Experts/Speakers for Club Meetings &amp; Score A Friend Week</p> <p>-Organizes annual School Team to attend Special Olympic Youth Leadership Summit (middle school-high school)</p> <p>-Plans Day 1 &amp; 3 of Score A Friend Week: "Be Inclusive!" Day &amp; "Spread the Word to End the Word!" Day</p>	<p>-Promotes, supports &amp; starts new Unified Sports in schools &amp; communities</p> <p>-Connects with Special Olympics, NSCD &amp;/or Parks &amp; Recreation to assist with school Unified Sports Programs</p> <p>-Promotes parent &amp; volunteer participation in Unified Sports, Lunch Buddies &amp; School Event buddies</p> <p>-Promotes student participation in Unified Sports</p> <p>-Promotes Fans In the Stands for Unified Sports</p> <p>-Assists Unified Sports Teams with designing &amp; ordering yard signs, T-shirts &amp; gear</p> <p>-Photographs Unified Sports &amp; all Club Activities for school website, yearbook &amp; end of year Score A Friend Club DVD</p> <p>-Leads end of season Unified Sports Celebrations &amp; Award Ceremonies</p> <p>-Educates &amp; promotes student service with Score A Friend, Inc., Special Olympics, NSCD, Parks &amp; Recreation &amp; other community organizations</p> <p>-Plans Day 2 of Score A Friend Week: "Go Unified!" Day</p>	<p>-Identifies &amp; organizes Service Projects beneficial to Club Members, School &amp;/or Community</p> <p>-Identifies &amp; connects Community Organizations that serve kids with disabilities &amp; their families</p> <p>-Arranges tours/site visits of Community Organizations serving kids with disabilities</p> <p>-Promotes &amp; supports Score A Friend Clubs &amp; Unified Sports in area schools</p> <p>-Organizes annual School Team to attend the Special Olympic Polar Plunge (Middle school-College)</p> <p>-Oversees Club Media efforts, including school yearbook &amp; website &amp; news media</p> <p>-Educates &amp; promotes student involvement in Community Organizations supporting inclusion</p> <p>-Plans Day 4 of Score A Friend Week: "Get Connected!" Day</p>	<p>-Manages Club Budget</p> <p>-Liaisons with Score A Friend, Inc. for Club Banner, Tablecloth, Fundraising Kits &amp; other materials</p> <p>-Works with Club members, parents &amp; volunteers to design, manufacture, and sell products to fund Club Activities</p> <p>-Sells Score A Friend gear through school website &amp; at school events</p> <p>-Identifies &amp; applies for community grants/funding to support Club Activities</p> <p>-Plans Day 5 of Score A Friend Week: "Score A Friend!" Day</p>



## Score A Friend Week Description

(Annually, the first FULL Week of March\*)

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>BE INCLUSIVE!</b>	<b>GO UNIFIED!</b>	<b>SPREAD THE WORD TO END THE WORD!</b>	<b>GET CONNECTED!</b>	<b>SCORE A FRIEND!</b>
Students learn what Inclusion is all about	Students learn about Unified Sports, Unified Friendships, & Unified Elective Courses	Students Pledge to Stop using the R-Word and instead Spread Kindness & Respect	Students, parents & staff Connect with Local Community Organizations	Students sign-up to Join Score A Friend Club initiatives & Score Inclusion at their School
<p><u>Student Spirit-Wear:</u> Tie-Dye Shirts</p> <p><u>Club Members Jobs:</u> Kick-Off Announcements Sales Table Host Speakers/Visitors Post Posters/Photos Set-Up/Clean-Up</p>	<p><u>Student Spirit-Wear:</u> Sports T-Shirts</p> <p><u>Club Members Jobs:</u> Kick-Off Announcements Sales Table Host Speakers/Visitors Post Posters/Photos Set-Up/Clean-Up</p>	<p><u>Student Spirit-Wear:</u> R-Word T-Shirts</p> <p><u>Club Members Jobs:</u> Obtain R-Word Kit(s) Kick-Off Announcements Sales &amp; Pledge Table Host Speakers/Visitors Post Posters/Photos Set-Up/Clean-Up</p>	<p><u>Student Spirit-Wear:</u> Dress for Success!</p> <p><u>Club Members Jobs:</u> Resource Fair Set-Up Kick-Off Announcements Sales Table &amp; Bake Sale Host Speakers/Visitors Post Posters/Photos Set-Up/Clean-Up</p>	<p><u>Student Spirit-Wear:</u> Score a Friend T-Shirts</p> <p><u>Club Members Jobs:</u> Kick-Off Announcements Sales Table &amp; Score A Friend Sign-Up Sheets Host Speakers/Visitors Post Posters/Photos Set-Up/Clean-Up</p>
<p><u>Club Fundraising:</u> Score A Friend Apparel (T-Shirts, Lanyards, etc.) "SCORE Inclusion" Bookmarks</p>	<p><u>Club Fundraising:</u> Score A Friend Apparel (T-Shirts, Lanyards, etc.) "SCORE Inclusion" Bookmarks "GO UNIFIED" Bracelets</p>	<p><u>Club Fundraising:</u> Score A Friend Apparel (T-Shirts, Lanyards, etc.) "SCORE Inclusion" Bookmarks "GO UNIFIED" Bracelets</p>	<p><u>Club Fundraising:</u> BAKE SALE Score A Friend Apparel (T-Shirts, Lanyards, etc.) "SCORE Inclusion" Bookmarks "GO UNIFIED" Bracelets</p>	<p><u>Club Fundraising:</u> Score A Friend Apparel (T-Shirts, Lanyards, etc.) "SCORE Inclusion" Bookmarks "GO UNIFIED" Bracelets "Score A Friend" Bracelets</p>
<p><u>Activity Ideas:</u> Inclusion Speaker(s) Inclusion Posters/Photos</p>	<p><u>Activity Ideas:</u> Unified Sports Speaker Unified Sports Game Unified Friendships &amp; Unified Courses: Posters/Photos/ Testimonials</p>	<p><u>Activity Ideas:</u> Free R-Word Gear R-Word Gear Raffle Take the Online Pledge! Respect Posters/Photos</p>	<p><u>Activity Ideas:</u> Community Resource Fair</p>	<p><u>Activity Ideas:</u> Sign-Up for: Score A Friend Club Unified Sports Lunch Buddies School-Event Buddies</p>

(\*Schools may choose to participate in full week activities or choose priority topics for one or more days)

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